

Need Help with Opioids?

Opioid Assistance and
Referral Line Can Help
1-888-688-4222

This 24/7 real-time call line is answered by Arizona experts in order to provide consultation regarding opioid use disorder. They can assist with finding the right provider for you and make appointments:

- **Behavioral Healthcare**
- **Chronic-Pain Providers**
- **Medication for Addiction Treatment**
- **Rehabilitation and Opioid Treatment Programs**

How to identify an opioid overdose

- *Heavy nodding, deep sleep, hard to wake up, or vomiting.*
- *Slow or shallow breathing (less than 1 breath every 5 seconds) snoring, gurgling or choking sounds.*
- *Clammy, sweaty skin.*

Call 911
if you suspect any
signs of overdose.

Youth and Family Services Behavioral Health

WHAT TO DO IF SOMEONE OVERDOSES

STEP
1 ➔

STIMULATE PERSON
AND CALL 911



STEP
2 ➔

ADMINISTER
NALOXONE,
IF AVAILABLE



STEP
3 ➔

IF PERSON RESPONDS, LAY
THEM ON THEIR SIDE TO
SUPPORT THEIR BREATHING



STEP
4 ➔

IF NO RESPONSE, RESCUE
BREATHE FOR 2-3 MINS
THEN GIVE SECOND DOSE
OF NALOXONE

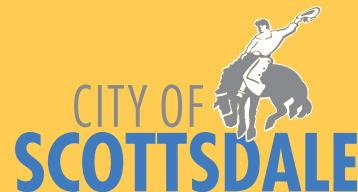


STEP
5 ➔

STAY WITH PERSON
UNTIL EMERGENCY
WORKERS ARRIVE



For more information, go to
azdhs.gov/opioid/#community



**Opioid
Resources**



Dangers of Opioids

Prescription opioids and illegal opioids like heroin are addictive and can be deadly.

More than two people die every day from opioid overdoses in Arizona.

Opioid Overdoses

Opioids cause slower respiration. When someone takes too much of an opioid, they can overdose and stop breathing.

An opioid overdose is a medical emergency that can result in death if not addressed quickly.

Harm Reduction

FDA has approved several different medications to treat substance use disorders. These medications relieve the withdrawal symptoms and cravings that cause chemical imbalances in the body.

For more information contact:

Sonoran Prevention Works
480-442-7086

Shot in the Dark
602-456-9811

Intensive Treatment Systems
855-245-6350

Community Medical Services
855-203-6352

Crisis Lines

Arizona Statewide Crisis Line
1-844-534-HOPE (4673)

Mental Health Peer to Peer
Help Line
602-347-1100

Nationwide Crisis Line
Dial/Text 988

Scottsdale Police Crisis
480-312-5055

Day Relief Centers

Visit: [ScottsdaleAZ.gov/citizen-service/homeless-in-scottsdale](https://www.scottsdaleaz.gov/citizen-service/homeless-in-scottsdale)

Day Labor

Scottsdale Works-
Phoenix Rescue Mission
602-339-2977

Opioid Treatment Agencies

Countless individuals across the nation have reclaimed their lives in long term recovery with the help of treatment and recovery service providers who make recovery possible.

Terro's: 480-929-5100

Community Bridges: 602-273-9990

Crisis Preparation and Recovery
480-804-0326 x1115

Banner Behavioral Health
480-448-7500

Aurora Behavioral Health
480-345-5400

La Frontera: 480-784-1500

Pregnant: Hushabye Nursery
480-628-7500

Scottsdale Detox Center of AZ
480-646-7660